



# Back to School Tips



KSEPAG  
August 25, 2021

# Back to School Tips

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- Review your child's IEP or 504 plan
- Keep an eye on new information  
(COVID restrictions, new special education procedures)
- Attend School Events  
(SEPAG meetings, Back to School Night, Parent-Teacher Conferences, PTA Meetings)



# Back To School Nights

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- **KHS**-September 20th-6:00 p.m.
- **Pre-K**-September 22nd-6:00 p.m.
- **Bolger**-September 23rd-6:00 p.m.
- **Caruso**-September 29th-6:00 p.m

# Parent-Teacher Conferences

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- **KHS**-November 17th & 18th
- **Bolger**-November 18th & 19th
- **Caruso**-December 14th, 15th & 16th
- **Pre-K**-December 14th, 15th & 16th



# Back to School Tips

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- Contact the new teacher- introduce yourself, provide information on your child, communication log, etc.
- Keep the school informed about new challenges/behaviors your child is exhibiting. For example: eloping, anxiety

# Meet & Greet

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September 7th from 1:00 p.m.-2:00 p.m.

- Pre-K-All Classes
- Caruso-Kindergarten & Self Contained Special Education Classes
- Bolger-6th Grade & 7th Graders who were virtual during 2020-2021



# At Home Prep for Starting School

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- Start a bedtime routine
- Start a before and after school routine
- Relieve back to school jitters/anxiety
- Review School Behaviors

# Books for School Preparation

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- *First Day Critter Jitters* By: Jory John
- *Sounds Like School Spirit* By: Meg Fleming and Lucy Ruth Cummins
- *The Pigeon Has to Go to School* By: Mo Willems
- *Llama Llama Misses Mama* By: Anna Dewdney
- *David Goes to School* By: David Shannon
- *Pete the Cat: Rocking in My School Shoes* By: James Dean



# Back to School Tips for Children

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- Practice backing his/her backpack
- Have the child pick out their new backpack and school supplies
- Prepare your child for any changes at the school
  - For example: masks, social distancing
- Talk about meeting the new teacher
- Make an at-home schedule if needed
- Visit the school



# Back to School Tips for Children

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- Walk by the school and show your child (ease your child into their new surroundings)
- Talk about any anxiety your child is experiencing about starting school
- Picture/Social Stories
- Practice school routines at home
- Talk about school with your child

PTA

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Look for Membership Forms in September

# YMCA Mental Health Services

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- [https://drive.google.com/file/d/1vfycBY\\_XXS\\_ug66GEm\\_6k9RiAirXw-s/view?usp=sharing](https://drive.google.com/file/d/1vfycBY_XXS_ug66GEm_6k9RiAirXw-s/view?usp=sharing)
- <https://docs.google.com/document/d/1UWi64KLwwj4iS00d7ch5U236Xp5Zsu8j/edit?usp=sharing&ouid=112049039206555657324&rtpof=true&sd=true>



# Social Distancing & Wearing Masks Songs

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<https://www.youtube.com/watch?v=a9QTxUkIE0w>

<https://www.youtube.com/watch?v=NMVSCwKeARQ>

<https://www.youtube.com/watch?v=iE6L-4tO-rs>

<https://www.youtube.com/watch?v=OMg6t-z8KEI>

<https://www.youtube.com/watch?v=lpmKWPQuSRU>

<https://www.youtube.com/watch?v=PYULTeYWWNQ>

# COVID Social Stories

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- <http://www.autismresourcecentral.org/2020/03/resources-for-families-during-covid-19-quarantine/germs-social-story/>
- <https://drive.google.com/file/d/1UJjFPIg32zi75gFnANganNVjKq622ye6/view>
- <https://drive.google.com/file/d/1B9uMHOJrSKdGwXzpbammeLRGvb-dNGoX/view>
- [https://drive.google.com/file/d/1R1ISbfZ8TRchbHCiK\\_4svK7WLH62ISIH/view?blm\\_aid=32695](https://drive.google.com/file/d/1R1ISbfZ8TRchbHCiK_4svK7WLH62ISIH/view?blm_aid=32695)

# COVID Social Stories

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- [https://www.youtube.com/watch?v=lnP-uMn6q\\_U](https://www.youtube.com/watch?v=lnP-uMn6q_U)
- [https://drive.google.com/file/d/1B2FEF1DTXpmsgH8ZL79Vg7E\\_Bu7ZOkB0A/view?blm\\_aid=32695](https://drive.google.com/file/d/1B2FEF1DTXpmsgH8ZL79Vg7E_Bu7ZOkB0A/view?blm_aid=32695)
- [https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html?fbclid=IwAR0Y7OX-wd403J2o5TIW-0c8UbssH\\_np268Jq4ZKeQCKDLLA6yapw7d-eoM](https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html?fbclid=IwAR0Y7OX-wd403J2o5TIW-0c8UbssH_np268Jq4ZKeQCKDLLA6yapw7d-eoM)
- [https://www.teacherspayteachers.com/Product/FREE-Coronavirus-COVID-19-Social-Story-5319239?fbclid=IwAR2s-blM4XxBpqGnWMzZokIT8lfk5rG8JZPfCY7K76kWd\\_j8YfrhndsTrtg](https://www.teacherspayteachers.com/Product/FREE-Coronavirus-COVID-19-Social-Story-5319239?fbclid=IwAR2s-blM4XxBpqGnWMzZokIT8lfk5rG8JZPfCY7K76kWd_j8YfrhndsTrtg)

# COVID Books

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- Personal Space Camp by Julia Cook
- Harrison P. Spader Personal Space Invader by Christianne C. Jones
- Lucy's Mask by Lisa Sirkis Thompson
- What is Social Distancing? A Children's Guide by Lindsey Coker Luckey

# Titans Friends of Diverse Learners

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Connect with us:

Email address:

[keansburgsepag@gmail.com](mailto:keansburgsepag@gmail.com)

Facebook Page:

<https://www.facebook.com/groups/2849601131978801/?ref=share>



# Next Meeting

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**September 30, 2021 @ 6:00 p.m.**

**Caruso Elementary School Media Center**

**Topic: IEP Process**