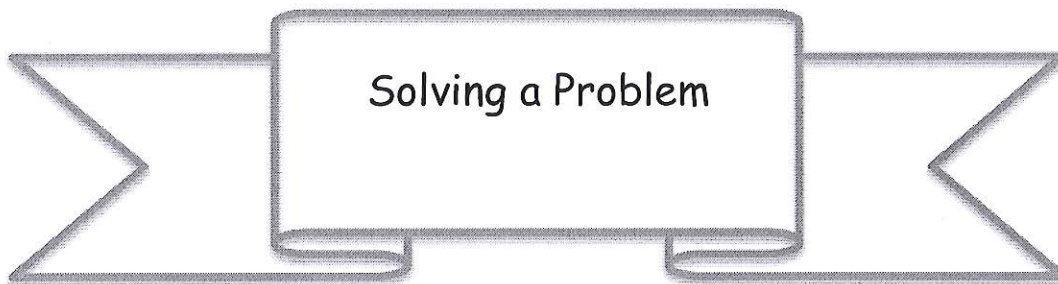


Dear Families:

We continue to build our social skill concepts on a weekly basis. Our next social skill is 'Solving a Problem'. On the back you will find the 'Solving a Problem' skill along with the steps the students learn regarding how to apply 'Solving a Problem'. Please reinforce these steps at home to help your child make the connection from home to school. Not every skill applies to each child; however, we teach them as a class so students can support one another in using the steps properly. If you have any questions please do not hesitate to ask.

Sincerely,
Ms. DeSoucey
Ms. Marks

Skill this Week



Skill 30: Solving a Problem

STEPS

1. Decide on the problem.

Children may need help in defining the problem.

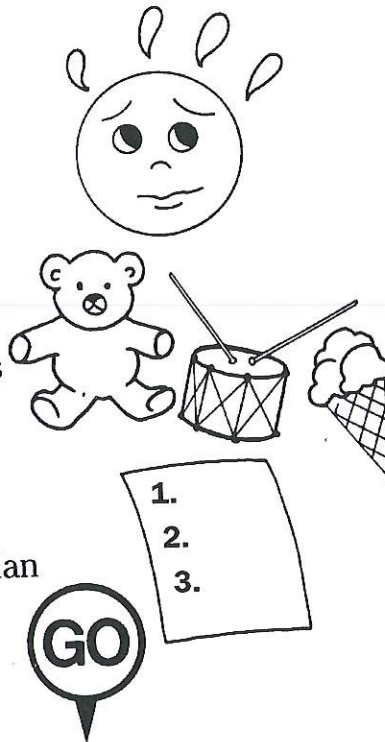
2. Think of choices.

Generate different alternatives children could choose, and discuss the likely consequences of each choice.

3. Make a plan.

Decide on one choice to try and plan how to do this.

4. Do it.



SUGGESTED SITUATIONS

School: You have trouble following the teacher's directions.

Home: You have a problem going to bed on time.

Peer group: You like playing with one friend but get upset when another friend comes over to play, too.

COMMENTS

Generating alternatives and anticipating consequences are necessary skills for students to learn. Alternative and consequential thinking, along with goal setting and communication skills, enhance children's social competence (Kupersmidt, 1983).

RELATED SKILL-SUPPORTING ACTIVITY

Have children generate a plan for solving a real-life problem and draw a picture of the plan to share with parents and serve as a reminder to themselves.