



# PARENTS HELPING PARENTS

## A Monthly Parent Support Group

Join the Bayshore Family Success Center for a monthly support group designed to help parents and caregivers feel empowered, reassured and supported while raising their child with special needs. Families just beginning “the process” are encourage to attend to gain knowledge and insight from those who have had similar experiences. You are not alone.

**Every 2<sup>nd</sup> Wednesday | 6:00 p.m.**

Held at Bayshore Family Success Center  
Henry Hudson Trail Activity Center  
945 State Highway 36 | Leonardo

**For more information contact:  
732.497.3811 or [familysuccess@cymca.org](mailto:familysuccess@cymca.org)**

### THE COMMUNITY YMCA

BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center  
945 State Highway 36 | P: 732.497.3811  
Leonardo, NJ 07737 | [familysuccess@cymca.org](mailto:familysuccess@cymca.org) | [TheCommunityYMCA.org/bfsc](http://TheCommunityYMCA.org/bfsc)

