




BAYSHORE FAMILY SUCCESS CENTER

2022

JANUARY

Resilience. Is defined as one's ability to bounce back from negative experiences with competent functioning. For families this translates into problem solving, placing difficulties in perspective, and drawing on trusting relationships for support.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="background-color: #4a4a8a; color: white; padding: 10px; border-radius: 10px; display: inline-block;"> Weight Loss Awareness Month </div>						1 Happy New Year Center Closed 
2	3	4	5 11am-6pm Application Assistance BFSC	6 5:30 pm Parenting Class Session 1 BFSC	7 10am-1pm Baby Pantry BFSC	8 10am-12pm Tutoring
9	10 3:30pm Jewlery Making, Union Beach Library	11 1 pm Grandparents Group, Zoom	12 11:00 am Community Advisory Committee Meeting BFSC	13 5:30 pm Parenting Class Session 2 BFSC	14	15 10am-12pm Tutoring
16	17 Martin Luther King, Jr. Day Center Closed	18	19 1:30pm-3:30pm Baby Panty, St Ann's Church Keansburg	20 4 pm Kids Cooking, Zoom 5:30 pm Parenting Class Session 3 BFSC	21	22 10am-12pm Tutoring
23	24	25	26	27 5:30 pm Parenting Class Session 4 BFSC	28	29 10am-12pm Tutoring No Tutoring in Union Beach
30	31					

BAYSHORE FAMILY SUCCESS CENTER
YMCA OF GREATER MOMOUTH COUNTY
 945 State Highway 36
 Leonardo, NJ 07737

LET'S CONNECT!

YMCANJ.org/bfsc
Facebook.com/BayshoreFSC

Monday & Tuesday: 9 AM – 5 PM
 Wednesday & Thursday: 11 AM – 7 PM
 Friday: 9 AM – 3 PM
 Saturday 10 AM – 12 PM





BAYSHORE FAMILY SUCCESS CENTER

JANUARY ACTIVITIES:

Weight Loss Awareness Month

2022



The Center is operated by YMCA of Greater Monmouth County and funded by the New Jersey Division of Family and Community Partnerships.

First Fridays/Baby Pantry:

> Pop-Up Baby Pantry! | Friday, January 7, 10 a.m. – 2 p.m.

Pickups will be available through appointment only. Please call the center (732.497.3811) to schedule your contactless pickup time. We are unable to fulfill walk-up/walk-in requests. Fulfill will be on site with their new Benefits Bus to help with application assistance. BFSC, Leonardo.

> Pop-Up Baby Pantry! | Wednesday, January 19, 1:30 p.m. – 3:30 p.m.

> Pre-Registration is **required**. Please call the center (732.497.3811) to register. We are unable to fulfill walk-up/walk-in requests. Church of St. Ann, Keansburg.

Support Groups:

> Grandparents Group | Tuesday, January 11, 1 p.m.

Join our remote grandparents group via Zoom. Email us for the link.

Community Advisory Committee Meetings:

> Monthly Meeting | Second Wednesday 11 a.m.

> Each community has its own Community Advisory Committee (CAC) that meets once a month and helps direct the initiatives of the Center. They help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact aguagealiperti@ymcanj.org.

Life Skills:

> Tutoring | Saturday 10 a.m.- 12 p.m.

> Team up with a high school student and get help with your schoolwork! Tutoring is offered at no charge and is offered at the Bayshore Family Success Center, 945 Hwy 36 Leonardo, and the Union Beach Memorial Library 810 Union Ave Union Beach. Pre-registration is preferred. Call 732.497.3811

> Kids Cooking | Thursday, January 20, 4 p.m.

Are you tired of your kids ALWAYS saying that they are hungry and demanding food? Have them join us on Zoom (for now) for a hands-on live kid's basic cooking demonstration, taught by a kid! Your kids will master the art of independent snacking. Meeting ID: 778 176 6221.

> Parenting Classes | Thursdays 5:30 p.m. – 6:30 p.m.

We are facilitating the evidence based program, Systematic Training for Effective Parenting for children under 6. Participants will receive a certificate of completion if all seven sessions are attended. The program is offered both in person and virtually. Enrollment is on a rolling basis. Registration is required.

> Application Assistance | Wednesday, January 5, 11 a.m-6p.m.

Staff are available to assist with applying for SNAP, Medicaid, utility assistance, healthcare, and other special grants. Contact us for details.

Family Fun!:

> Jewelry Making | Monday, January 10 3:30 p.m.

Kids 8 and over can join Debbie in making some beaded bracelets that can be given to loved one or kept for yourself. A gift made from the heart. Union Beach Memorial Library, 810 Union Ave Union Beach

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